

Titel

Die skool se Voortrekkers is die skool van hulle woorde met behoud van getalke opvulde ondervy in die hande van ons skool

Affligting

Die skool se Voortrekkers arriveer by die skool se etiese through an equal partnership between parent and educators resulting in the achievement of our children and the development of each one to his/her full potential through quality education, to the benefit of the community.

Wim van der Merwe

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4 FEBRUARY/FEBRUARIE 2020

Dear Parents/ Geëgte Ouers

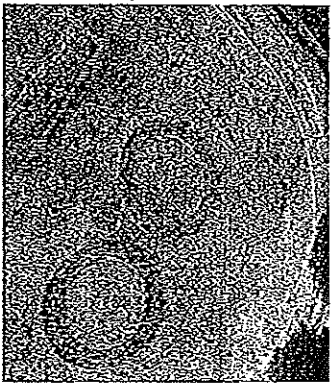
NEWSLETTER/NUUSBRIEF: 3 OF 2020

1. VOORTREKKER IS 100 YEARS OLD:

On Wednesday, 29 January we had a drone taking a photo of the school from the sky. Thanks to each of the learners for their positive behaviour and co-operation. The gr 8 learners assisted in planting the 100 Spekbome on the school grounds. We also had a major clean-up of the school buildings and grounds. We thank the learners for their hard work.

HOËRSKOOI, VOORTREKKER IS 100 JAAR OUD:

Op Woensdag, 29 Januarie het 'n hommeltulig 'n foto van die skool vanuit die lug geneem. Dankie aan die leerlinge vir hul positiewe gedrag en samewerking. Die Gr 8 leerlinge het gehelp om die 100 Spekbome op die skoolterrein te plant. Ons het ook 'n groot poging aangewend om die skoolgeboue en terrein skoon te maak. Dank aan al die leerlinge en terinpersoneel vir hul samewerking.



2. GR 8 FUNDAY:

The gr 8 learners had a wonderful time on Wednesday. Thanks to Mrs Maritz and the Service Council for organizing the funday for them.

GR 8 BOERESPORT:

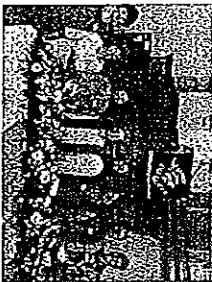
Die Boeresport op Woensdag was 'n groot sukses. Dank aan Me Maritz en die Diensteraad wat dit georganiseer het.

3. CHURCH SERVICE 1. FEBRUARY 2020:

On Saturday, 1 February 2020 there was a church service in the Klippek where we honoured your Lord for His grace the past 100 years. Thanks to all the staff and Vorles past pupils for attending. Thanks also to the Service Council for their service.

KERKDIENS 1. FEBRUARIE 2020:

Op Saterdag, 1 Februarie 2020 was daar 'n kerkdiens gehou in die Klippek waar ons die Here geprys en geëer het vir Sy beskerming en genade deur 100 jaar. Dank aan al die onderwyers en oud Vorles wat dit bygewoon het. Dank ook aan die Diensteraad vir hul diens.



4. ATHLETICS:

HS Voortrekkers participated in an athletics meeting on Friday, 31 January at HS Elspark. Our athletes need a lot of practise before Inter High. We urge all athletes to attend practises this week Tuesday to Thursday.

ATLETIEK:

Ons het Vrydag 31 Januarie deelgeneem aan 'n atletiektoernooi by HS Elspark. Ons atlete het baie oefening voor Interhoër nodig. Alle atlete moet asb hierdie week die oefeninge van Dinsdag tot Donderdag bywoon.

5. BIRTHDAY WISHES:

Congratulations to Mrs Nieman who celebrated her birthday on 30 January.

VERJAARSDAG WENSE:

Geluk aan Me Nieman wat haar verjaarsdag op 30 Januarie gevier het.

6. ANTI-BULLY CAMPAIGN:

Next week we are concentrating on Anti-bullying. HS Voortrekkers will not tolerate any form of bullying and we ask parents for their assistance. All forms of bullying must be reported to the educators.

Types of bullying:

There are many different types of bullying that can be experienced by children and adults alike, some are obvious to spot while others can be more subtle. The different types of bullying that we look at below are some of the ways that bullying could be happening.

Physical bullying:

Physical bullying includes hitting, kicking, tripping, pinching and pushing others or damaging property. Physical bullying causes both short term and long term damage.

Verbal bullying

Verbal bullying includes name calling, insults, teasing, intimidation, homophobic or racist remarks, or verbal abuse. While verbal bullying can start harmless, it can escalate to levels which start affecting the individual targeted.

Social bullying:

Social bullying, sometimes referred to as covert bullying, is often harder to recognise and can be carried out behind the bullied person's back. It is designed to harm someone's social reputation and / or cause humiliation.

Social bullying can include:

- lying and spreading rumours
- negative facial or physical gestures, menacing or contemptuous looks
- playing nasty jokes to embarrass and humiliate
- mocking unkindly
- encouraging others to socially exclude someone
- damaging someone's social reputation or social acceptance.

Cyber bullying:

The Cyber Bullying Research Centre defines cyber bullying as: Intentional and repeated harm inflicted through the use of computers, phones, and other electronic devices.

Cyber bullying can be overt or covert bullying behaviours using digital technologies including hardware such as computers and smartphones, and software such as social media, instant messaging, texts, websites and other online platforms.

Cyber bullying can happen at any time. It can be in public or in private and sometimes only known to the target and the person bullying.

Cyber bullying can include:

- abusive or hurtful texts, emails or posts, images or videos
- deliberately excluding others online
- nasty gossip or rumours
- intimidating others online or using their login.

ANTI-BOEIE VELOTOE:

Daar word volgende week op anti-boeie vaardighede en inligting gekonsentreer. HS

Voorrekkers sal nie enige vorm van boeie duid nie en vra die ouers vir hul ondersteuning.

Alle vorms van boeie moet aan die personeel gerapporteer word.

Tipes Boeies:

Daar is baie verskillende vorms van boeie wat deur kinders en volwassenes ervaar kan word.

Party vorme is maklik uitkenbaar, maar ander is meer subtiel. Ons bespreek verskillende vorms van boeie gedrag.

Eisiese Boeie:

Dit sluit slaan, skop, knyp, stamp en stoot in, sowel as die beskadiging van eiendom, fisiese boeiebedrag kan kort- en langtermyn skade betrekken.

Verbale boeie:

Dit sluit lelike naamgewing, beledigings, terz, homofobiese of rassistiese aanmerkinge in asook enige verbale beledigings/ wangedrag.

Sosiale Boeie:

Sosiale boeie word somtyds bedekte boeie genoem en is moeilik om te identifiseer. Dit het ten doel om iemand se sosiale reputasie te skaad en iemand te verneder.

Sosiale boeie sluit in:

- JOK en die verspreiding van gerugte.
- negatiewe gesigsuitdrukkinge of fisiese gebare, dreigende kyke.
- Gemene grappe om iemand te verneder.
- om iemand op 'n onvriendelike manier na te boots.
- om mense aan te moedig om iemand sosiaal uit te sluit.

- om iemand se sosiale reputasie of sosiale aanvaarbaarheid aan te tas.

Kuberboeie:

Die "Cyber Bullying Research" definieer kuberboeies as: Intensionele en herhaaldelike skade deur die gebruik van rekenaar, fone en ander elektroniese toestelle.

Kuberboeie kan bedek of direk wees. Hardeware soos rekenaar en slimfone kan direk aangewend word asook sagte ware soos sosiale media, direkte boodskappe, webwerwe en ander aanlyn platforms.

Kuberboeie kan enige tyd plaasvind. Dit kan in die openbaar of privaat gebeur en slegs aan die boeie en sy slagoffer bekend wees.

Kuberboeie sluit in:

- beledigende boodskappe, e-posse, foto's of video's
- die aanlyn uitsluiting van iemand
- Skinder of valse gerugte
- Aanlyn nabootsing van iemand.

7. MENT- EVENING 6 FEBRUARY 2020:

Academic prizewinners for 2019 will receive an invitation to the prize giving.

PRYSUITDELING 6 FEBRUARIE 2020:

Akademiese prysweners van 2019 sal 'n uitnodiging ontvang na die prysuitdeling.

8. PROGRAMME FOR THE WEEK/ PROGRAM VIR DIE WEEK

3 Feb	Academic afternoon. All teachers will be available for intervention until 15:30/Akademiese middag. Alle onderwysers beskikbaar vir ekstra klasse tot 15:30.	
4 Feb	Day 5/Dag 5 Athletics practice until 15:30/Afletiek oefening tot 15:30.	
5 Feb	Day 1/Dag 1 Athletic practice until 15:30/Afletiek oefening tot 15:30.	
6 Feb	Day 2/Dag 2 Athletics practice until 15:30/Afletiek oefening tot 15:30. Ment Evening at 18:00/Merete aand om 18:00.	
7 Feb	Day 3/Dag 3 Gr 12 Math extra class until 15:30/Gr 12 Wisk ekstra klas tot 15:30. Day 4/Dag 4	

Vorle Regards/ Vorle groete

A.F. Black
Prindpal